



CELEBRATE THE HOLIDAYS WITH 3 R'S IN MIND Saves resources, saves money, saves sanity, saves the planet

Green Decorating

- Limit disposables
- Decorate with edibles – fruits, nuts in bowls
- Try soy or beeswax candles
- Use live greenery – rosemary, thyme, sage, basil, mint
- Gather berries, greens, branches, nests, cones

Green Gift Giving

- Buy gifts that last
- Make gifts
- Give certificates for massage, pedicure, services, tickets, etc.
- Limit gifts, plan family activity instead
- Give environmentally friendly gifts
- Comics or glossy ads for wrapping
- Membership in environmental organization
- Donate to favorite organization or charity in lieu of gifts

Green Feasting

- Eat less meat
- Don't cook more than you will eat
- Buy organic when possible
- Donate to food pantry