



HOW TO REDUCE WASTE

The more products we buy, the more energy and resources are used for producing, transporting, marketing, and disposing of the products. This increases the greenhouse gases. Because of this, we are all contributing to both the landfills and the climate change of our world. How can we do anything about it? Consume as if you had to dispose of your trash in your own yard!

Recycle

- Compost organic material
- Sort plastic, paper, metal, and glass from your garbage and recycle it
- Give unused items to someone who could use them www.freecycle.org

Reuse

- Use canvas or other reusable bags for shopping.
- Reuse jars, bottles, plastic containers for storage instead of buying new.
- Buy recycled products.

Reduce

- Reduce the amount of new stuff you buy.
- Buy durable products with the least amount of packaging.
- Stop or reduce junk mail www.newdream.org/junkmail, www.dmaconsumers.org/offmailinglist.html (\$1 charge), Mail Preference Service, PO Box 643, Carmel, NY 10512
- Do 2-sided printing and copying.